

BRIDGES

READ MY BOOK:

Dr. Franklin's Statlitz Cat features 75 children's stories **P. 2**

FASHION:

Emerging designer's impressive fairy tale creations **P. 12**

WINE WORLD:

Spring mead fulfills the locavore's search for a wine alternative **P. 23**

WEDNESDAY, MAY 26, 2016

A STARPHOENIX COMMUNITY NEWSPAPER



HAUTE COOL-TURE

YOU NEVER KNOW WHAT FASHION DESIGNER LAURIE BROWN WILL HAVE UP HER SLEEVE – AND NEITHER DOES SHE **P. 6**

FREE

READ MY BOOK

LOCAL AUTHORS:

Writers tell us what makes their book worth reading

#ROLL1

Short stories: Dr. Franklin's Static Cat

Hardly a week goes by without some friendly stranger shaking up to me and asking, "Bells, where on Earth do you get your ideas?" Well, the answer is surprisingly simple.

From as early as I loved books, I loved reading. And before I could read, like all children, I loved being read. The more stories I absorbed, the more ideas, the more I wanted to come up with ideas of my own.

Constantly for me, but always be good with stories — and luckily end all with stories, too.

Dr. Franklin's Static Cat — a collection of 38 whimsical children's stories — is my third book my first for children, and one of the very first to be published under known adult magazine's new book imprint

The stories are by and large of the laugh-out-loud variety, and full of surprises.

There's a story about a mummy who finds sweet children — to go. There's one about the greatest battle in history — between vacuum cleaners. And there's even a poem, ordinary one about a girl who wakes up and decides to drink a tea — forever. Everyone's favourite story, it seems, is the one called "Goodness and Perfection." But there's no way on Earth to describe that one. You'll just have to read it.

Reviews of Dr. Franklin's Static Cat have, so far, been excellent. It was selected as one of only three "Highly Recommended" middle grade titles for the winter season by



Dr. Franklin's Static Cat

ParWork, Reviews, who said it was "destined to resonate with kids who love science and clever storytelling

techniques, and who need reassurance that it's OK to feel nervous to be a little strange." But it's honestly more important to me that you find the book excellent as well. After all, I wrote these stories just for you.

Dr. Franklin's Static Cat is available at Chapters, The Artful Dodger in Regina, Amazon, the publisher's website (www.knowyourcat.com) and the Book Shop (www.knowyourcat.com).

If you do buy the book, though, I hope you keep a few things in mind. Only very people find our cats as suitable as the margins. Only dirty minds take a look to the inner side, and all it with cracks. Only the worst sort of people read in the bathtub. Please are filled with these.



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ON THE COVER PG. 6



Laure Brown moved just home after attending Seneca College in Toronto. She's found a niche for her cutting-edge designs in Saskatoon and for her historical runway shows. BRIDGES PHOTO BY MICHELLE BEERS

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Jenik Prociak is a practical in her personal fashion but her whimsical designs were a huge hit during Saskatoon's Fashion Week where she won the emerging designer award. GO PHOTOS BY MIKE FULTON

BRIDGES COVER PHOTO BY MICHELLE BEERS

Bridges is published by The StarPhoenix — a division of Postmedia Network Inc. — at 204 Fifth Avenue North, Saskatoon, Sask. S7N 2P1.

Rate list, rights and other info at:

For advertising inquiries contact: 657-6340; editorial: 657-6327; home delivery: 657-6320. Hours of operation: Mon-Fri 9 a.m. to 5 p.m.

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IN THE CITY

MAY 24, 2014 — 1:45 P.M.

A nature walk



The Nature City Festival parade took the kids off street at the Saskatoon Farmers' Market with a segment presentation by Cam Collier of the Evergreen Foundation at the Arty Theatre on Saturday afternoon. The festival runs until May 31 and celebrates nature and culture in Saskatoon through a variety of events including plant walks, art exhibitions and a community supper. **PHOTO BY GENE COMPTON**

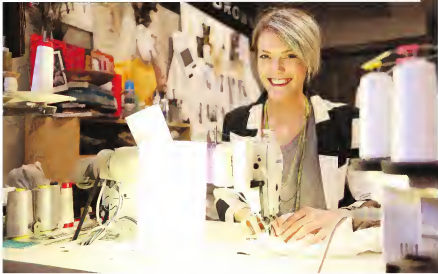
ON THE COVER

I love doing that kind of stuff — where it's just weird and crazy and not necessarily sellable.

— Laurie Brown

#SASKATCHEWAN DESIGNER

Brown's theatrical style delights fashion industry



Laurie Brown works on designer for her 'Frank runway show' at Saskatchewan Fashion Week in her studio. The show was the most daring yet in her career as a fashion designer. PHOTO BY MICHELLE BIRD

By Jenn Sharp

It's the final night of Saskatchewan Fashion Week in Regina. The cold, wet crowd hogs its last. Laurie Brown breathes a sigh of relief. She has just pulled off her most daring show ever.

Sometimes I hate off more than I can show but then I have to make it

work," Brown grins.

Last year at the same event, she made a dress that kind of risk. The model had a customer of liquid strapped to her leg. As the white dress slowly transformed, with expanding blue spots, the audience roared with appreciation.

This year, Brown joined the action. She changed the model's suit

on stage — a neck choker as one became a belt on another. A model's oversized jacket was strategically carved down her legs and, with a few strategically placed zippers, turned into pants.

On his blog www.lauriebrowns.com, Calgary-based fashion writer describes the show as "gross and creative design which was genius."

The idea was inspired by Dutch designers Viktor & Rolf, who had a model walk out wearing a large suit on a rotating stage. The two designers took off a layer each time she walked by and put it on the next model. Ironically, the first model was wearing almost nothing. Then, new models came out wearing those layers. The designers used these to

dress the original model again.

"They have amazing shows," says Brown. "That one is one of my favorites. I want to keep bringing that kind of stuff to people."

She knows not everyone is fully engaged at a fashion show.

"I want to catch the attention of the least interested person in the room and have everyone enjoy it."

She has been a strong voice for all the designers involved in our events by providing feedback for us to improve the experience for designers, models and spectators — Jacqueline Conway



Laurie Brown puts the finishing touches on one of her designs, worn by Mandy Courtney. Brown's fall/winter line includes some unique pieces, like the vinyl choker pictured above. **WEDDING PHOTO BY MICHELLE DINE**

Her validation after the fashion week finale came when strong eyes and her show gave them goose bumps.

"That is why I did it. That's all I wanted to hear. That's all I wanted to do. It was so gratifying then."

♦ ♦ ♦ ♦

Buckings, tensions run high as designers scramble to get the models looking just right as their models before the 30-second walk down the

runway. It's all about first impressions. Then the event begins, each designer's show moves quickly. Models come off the runway and rush to their spot where a dresser helps them strip down and bag into the next garment. Here and makeup people are on hand for last minute touch-ups — a spritz of hairspray here and a swipe of blush there.

♦ ♦ ♦ ♦

Behind the glitz and glamour of

the runway, Brown's life is more cutthroat than those voguing off the runway. By day she works as a server at Roka. She's also a nanny for a friend. The social interaction of the restaurant helps Brown find balance. She loves talking to her customers, a lot of whom have come to her shows, and working with the staff.

"They make me so happy. They're so goofy. You can never be in a bad mood then."

Brown was born in White Plains,

N.Y., 33 years ago. When she was six, Brown's mother left the family for father Harold, a nursing counselor, raised her and her brother Leo, 11.

"I was so young. I didn't know any different," she says. One night she heard a radio announcer talking about broken homes. She asked her dad what that was and was surprised to hear she came from one.

"I didn't miss anything. We raised us just as well as any other family

would. I wouldn't have changed any thing. It was perfect."

While she's only met her mom once (she moved to Ontario) Brown is close to her mom's family. She was also close to her half-sister Florence Winkler, a "mother figure," who taught her how to sew. But Brown wasn't really interested in sewing or clothing as a youth.

"I was more interested in the fashion — the rippers, the pins and scissors — the dirty kind of stuff."

Continued on Page 8

I realized that it was really natural and really easy and I was really enjoying it... that's when I actually got interested in fashion. — Brown

• • • • •

Brown moved to Saskatoon in 2006. Two years later, while working at Folkland, she decided to attend the fashion arts program at Toronto's Seneca College.

"I realized that it was really natural and really easy and I was really enjoying it... that's when I actually got interested in fashion."

Brown was awarded Student of the Year at Seneca for her collection of modernist dresses, kicking off the theories she likes to feature in her shows today.

She was set to work in Toronto after school in the fall. She returned to Saskatoon for a summer job, a move that registered her love for the Bridge City where she has been ever since.

"When I was here, I wanted it so much. I just couldn't let myself go from this place," she laughs. Latest Brown designs are sold at a retail kiosk in Saskatoon. Brown regularly gets top billing at fashion shows. In Toronto, her fashion label would have been just one of those early competing for business. Collaborating with Saskatoon's art and past of designs has worked in her favor.

"People are really honest and (telling) to help. For the most part, no one is malicious to wear one another or trying to steal business. I'm sure it would be slightly different in Toronto. I just think I would be as far as I am now if I'd stayed there."

There's no boasting or bragging with Brown. What you see is what you get, which is a refreshingly authentic.

She's curled up on a bag chair in the corner of her fifth living room. He moved to Saskatoon a few years ago and her studio is on the basement of his Willingham home. Brown wears a casual uniform of black — usually tights, sweater and pants. Only two days after the whirlwind of fashion week, where she not only showed but pulled the emergency danglers each night, she still looks put together.

Networking has helped advance her career. When Brown moved back to Saskatoon, The StarPhoenix ran an article about her Jacqueline Conway, a co-founder of the Saskatoon Fashion and Design Festival, one of it credited Brown to launch with Rebecca King, an established Saskatoon designer who helped connect with the festival.

"She has been a strong voice for all the designers involved in our events by providing feedback for us to increase the experience for designers, models and spectators," says Conway, who adds that Brown has contributed countless volunteer hours to organizing the festival.

Brown and King became friends. King says Brown has troubled her creative freedom.

"She has been a strong voice for all the designers involved in our events by providing feedback for us to increase the experience for designers, models and spectators," says Conway, who adds that Brown has contributed countless volunteer hours to organizing the festival.

Brown and King became friends. King says Brown has troubled her creative freedom.



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For her 2010 show at SPAC, Brown showed some of her models down the runway in a dress that bled red. She closed up the show in her 2014 show a deep purple. BROWN'S INSPIRATION: THE FUTURE.

style well into her clothing.

"Over time, we all get better at putting our personality into our designs," says King.

She also appreciates Brown's technical skills, too, as much as that when she moved to Calgary as her husband, much to avoid without them, she inherited her creative clients in Saskatoon to Brown.

"She's always had really good construction. That was one of the first things I noticed about her that set her apart."

Continued on Page 10

We are not New York or even Toronto, in the sense that we're not up to date with the most popular, most current trends. You want to make sure you're pleasing everyone while keeping them looking really good and really trendy at the same time. — Brown

After visiting all night, it's almost time for Laurie Brown's fashion to hit the runway. Models promise different making styles to find the one that best suits Brown's clothing. An impressive show begins out and Brown gladly goes in. She arrives and looks amazing. A model later confirms that Brown is her favourite designer to work with because she's personable and treats them all like human beings.

Before she begins the design process, Brown researches education and colour trends. But she doesn't want to be influenced too much by what others are doing. She also keeps her Saskatchewan customers in mind.

"We are not New York or even Toronto. In the sense that we're not up to date with the most popular, most current trends. You want to make sure you're pleasing everyone while keeping them looking really good and really trendy at the same time."

Brown considers what's happening in the industry, absorbs the trends, then steps back to make her own designs. Teaching the fabric and seeing how it falls gives her inspiration.

"Whether I naturally absorb from it or what I'm in to better that. For me, it's always about fabric."

The life of a designer can be surprisingly lonely. Brown does her design work at night, a mix of real life and her. That's always done at hand. She never said in her eyes, watch her and even now she still says that to herself.

"Sometimes you feel like you can't really let loose until you know someone is looking. At nighttime you know you're not going to be bothered."

Brown says Brown understands fashion's fashion scene by "giving the envelope" through her unique collections.

"Her perspective is visionary and inspiring for our design community."

After a few years away King is happy to return to fashion and see people's style is evolving, thanks to part to an influx of new restaurants, boutiques and sales.

Continued on Page 11



Models showcase Laurie Brown's designs during the final night of Saskatchewan Fashion Week in Regina on May 10. (c) MICHAEL BELL

WORD ASSOCIATION WITH LAURIE BROWN

LEATHER: Dorian Rowland's capsule skirt. Leather with cut-out pattern. It took her staff one to two days to hand-cut and Brown was excited she was able to do it in an evening.

BLACK: Black. I use black all the time. It's a basic staple.

STYLE: In style. I must be a happy trend follower so I

measure think of making fashion your own — a stylish person and not necessarily who they wear it.

LACE: The last coat all designs I did a couple of seasons ago. We applied lace on the models faces too.

VINYL: Structures, like the hoodies on the models at SPW show. I've always wanted to do a coat

body with some on it.

DESIGNING: Victor and Bill. Alexander McQueen. Hussein Chalayan. Arguably the most and over the top that does you something to look at.

ORIGIN: They should never be worn — they're not suitable to everyday life. I will admit, I wanted it a little more and wear them there.

Her perspective is visionary and inspiring for
our design community.
— Conway



Laure Brown is the signet ring leading to her station. Her daily home, which is lined with purple and red, is about her, including where she lives in the District of Columbia. She is a member of the National Endowment for the Arts.

"I think we have a pretty cool vibe. Soak, look at a nice mix. It's not super uptight. It's artsy and funky. I like the new wave of the arts community here," she says.

the respect of her peers and the adoration of her fans. And, two days later, she's already wondering how to top it. "I have no idea," she says.

Brown is a patcher of salon professionalism as she changes her models on stage. The atmosphere is electric. Exotic gauze panels hide the sounds of a Lana Del Rey remix while Brown plays magnetic. Her designs look surreal as the models float down the runway. The show would not have been out of place at New York Fashion Week. When it's over, she returns

Brown will show at two Saskatoon Fashion and Design Festival events — Runway at the Mercedes-Benz dealership on May 11 and Pose at River Landing on June 1. After that, she's planning to recreate the Saskatchewan Fashion Week show in a small Saskatoon venue. She wants it to be interactive and personal, which is just her style.

SASKATOON FASHION AND DESIGN FESTIVAL INFO:

IN PLETHORA

May 29, Matforn/Pizza, in front of The Ring 12-15 and 5-15 p.m., \$8
A spring/summer 2014 brand workshop led by a stylist and beauty expert

SALIENT INDUSTRY NEEDS

May 30 Green Ark Collected
Alpine 7 p.m. 540

Freeze the festival's kick-off part while admiring fashion illustrator Richard Mocking's latest work on display at Crown Art.

© 2004 Blackwell Publishing Ltd *Journal of Internal Medicine* 255: 103–110

May 31, Mercedes-Benz of
Saskatoon, 8:30 p.m., tickets
points earn/val'd
Each place has collection from

110-established Sandstone was
 111-[elsevier.com/locate/est](http://www.elsevier.com/locate/est)

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June 1 River Landing Amphitheatre, noon to 6 p.m. free. Spring and summer designs from emerging designers, plus gourmet eats and an outdoor GOLF Shop.

Authentic Amish Cooking



Steak Marinade

- 3 1/2 C. Beef Broth
- 7 med. Onion, chopped
- 7 med. Pepper, chopped
- 2 T. Worcestershire
- 2 T. Bread Pudding Flakes
- 1/4 C. Raisin Suet
- 2 T. Dried Mustard
- 1/2 C. Dry Sauce
- 1/2 C. Worcestershire Sauce
- 2 Garlic Cloves, minced
- 2 T. Lemon Juice
- 1 C. Dried Thyme
- 1 T. Pepper



Mix together. Soak meat for 24 hours in refrigerator. Makes enough for 5 lb. of steaks

Feather Light Muffins

- Feather-Light**
- $\frac{1}{4}$ C. Shortening
 $\frac{1}{4}$ C. Sugar
1 Egg
1 $\frac{1}{2}$ C. Cake Flour
- $\frac{1}{2}$ T. Baking Powder
 $\frac{1}{2}$ T. Salt
 $\frac{1}{4}$ T. Ground Saffron
 $\frac{1}{2}$ C. Milk
- $\frac{1}{4}$ T. Ground Cardamom



Ingredients:
 1/2 C Sugar
 1/2 C Butter or Margarine,
 melted

1/2 C Coconut Oil

Combine dry ingredients, add to
 wet ingredients, mix thoroughly. Bake at 350° for
 30 minutes. Makes 12 cookies.

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#SASKATCHEWAN FASHION INDUSTRY

Janis Procyk:

Practical in person, royal on the runway

By Ashley Martin

Unlike a fairy tale princess, Janis Procyk never dreamed of being where she is today.

Growing up, the idea of becoming a fashion designer with a burgeoning career seemed impossible.

In Filmco, population 250 or so, she was exposed to typical professions — accounting, oil work. But a career in fashion like the designers she saw on Project Runway?

"That seems so wild and crazy, there's no way there's a job for that," said Procyk, who showcased her inaugural collection at Saskatchewan Fashion Week (SPFW) this month.

After high school, she moved to Lethbridge to pursue a business management degree.

She started working in event management.

She was unimpressed.

Then three years ago, a cousin her age died in a car accident.

"That was kind of the kick. Life is so short to be miserable, you just need to live every moment to the fullest," said Procyk, 34.

She moved to Vancouver to study fashion at the Blerne MacDonald Centre.

She'd always loved fashion and would sometimes add things her grandmothers had taught her the basics.

At school, "Everything made sense and I'd pick things up right away."

But her fall finished her fashion design diploma, Procyk still wasn't sold.

When she returned to Saskatchewan, she met with local designer Dean Renwick to gauge the industry.

She started working with him in January.

It was Renwick who encouraged her to apply to SPFW.

With 400 applications to choose from and fabric, sewing, Procyk was "on the bubble" until late February to complete her collection for Postcard Designs.

She didn't expect to win the SPFW emerging designer award — she was watching Laura Brown's show when she was called backstage with the other designers.

While talking to her sister, she heard her name announced and she was shocked.

"I cried on stage," she says, embarrassed.

"All of a sudden it hits you with a wave. I have been working so hard on this for so long. I'm so honored and so excited."

She's only beginning.

Procyk is filling orders for her fall/winter line, creating a spring/summer collection, and designing custom pieces for clients.

And she's still working with Renwick as a pattern maker.

"It is interesting to be working on pieces that I wouldn't normally make for myself," said Procyk of Renwick's more mature designs. That said, "We both do a lot of tailored looks."



THE EVIL QUEEN

Procyk's fall collection is made up of eight looks inspired by the fairy tale villain queen.

"I wanted the look to exude a sophisticated, powerful woman," said Procyk.

"I always feel a little quiet for the girls. Everyone sees her as being this villain, but she's a powerful, successful, confident woman that I do 'love at first sight'."

She put the idea while land for modeling for a school project last year. The abundance of black lace inspired her "the pretty but it also can be very evil."

BRIDGES PHOTOS BY
BRYAN
SCHLOSSER

FASHION



DRESSED UP

- 1 DRESS** La Chateau: "I've been into simple, simple, simple. It's very clean and it's elegant, but it's not overdone."
- 2 HAIR ELASTIC ON HER WRIST** My hair is always huge so it's a staple. Always have an elastic on your wrist. My hair is naturally curly. It's usually all over the place in an ADW."
- 3 SHOES** "I've been wearing a lot of Miu Miu. I don't wear anything else." (I love them) My shoe collection is absolutely insane."



ALL LOOKS PHOTO BY TONY SLANES

"I'm pretty simple. I usually go for comfort," said Proyle of her own wardrobe. "Comfortable shoes, jeans, a lot of the time, loose shirts, stuff that I can move in."

Function is key for Proyle. "We price that I wear, you can dress up, you can dress down. I want about fashion for things."

She'll dress things up a bit more when she's going out, but she never gets too crazy.

"I feel like my personality is always above the clothes that I'm wearing anyway, so I just wear stuff to be comfortable and to be able to be myself."

Even some of her own designs are too bold for her taste. "The jumpout, I don't think I would even have the courage to wear it."



DRESSED DOWN

- 1 JACKET** World of Travel.
- 2 SHIRT** H&M.
- 3 RINGS** "The one with the circles was a gift from her niece. The other's origin is a mystery, but it's hanging in the back."
- 4 JEANS** My jeans have a hole in the side. They're great.
- 5 WALLET** Aldo.
- 6 SHOES** "My [Toms] are so worn out, they don't even have a sole on them. I'm on my feet usually all day every day."



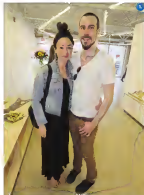
ON THE SCENE

#STOREFRONT OPENING RECEPTION

The Skoshfront opened its doors for the first time on May 22 and welcomed Saskatoon art lovers in for the inaugural exhibit, LOCAL Furniture. Design paths together five Saskatchewan designers who create original works of furniture using local and woodwork.

Crystal Burdett is the director/curator of the Skoshfront, located in the recently expanded Two Twenty. She founded the gallery as a way for designers, artists and architects to connect with each other and promote their work in Saskatoon.

BRIDGES PHOTOS BY GREG PENDER



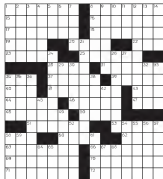
1. Denise Garte and Kent Garte
2. Landa Haidt and Chris Haidt
3. Jim and Bonnie Harrison
4. Crystal Burdett, Kyle Harrison and Sara Lovett
5. Robyn Robertson and Mark Sin
6. Sarah Ledingham and Kevin Gile
7. Louis Dombrowsky, Chad Lawrence and Noah Roberts

#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 WALLY
 4 DUS
 12 Nothing away
 13 Live some virtual addresses
 17 Blow the joint
 18 Notable subjects
 19 50-50
 23 Respects locale: Abbot
 24 Burrows: For one
 25 Series for fiction
 26 What's real: The thing
 28 River of Kansas
 31 Not just fact
 34 Job
 37 Temper
 38 Animal with stripes
 40 Is the style of
 41 ALAN
 43 Place for a baseball player
 44 Many ecological habitats
 45 Sandbar
 47 Copy-book writers: 40s-40s
 48 Very high breast: 200s
 50 "Spaceman in the Moon" composer
 51 Gloriously dry: Valley



PUZZLE PROVIDED BY JACOB

DOWN

- 1 Saw 71 items
 2 Another event
 3 They go inside in the park
 4 ... before it?
 5 200s Olympics city
 6 R, personal
 7 A really long time
 8 Gail
 9 NASA vehicle
 10 Pimp
 11 Formed up
 12 Old US clock: really
 13 It's a clock
 14 Next: selling PC games
 15 of the 1960s

- 21 Visited due to
 22 Kind of contemplation
 23 School drink order?
 27 Notice
 28 Play ____
 29 Vets with "vets"
 30 ... New
 31 Some market fluctuations
 34 Car's surface
 35 Musical family name
 36 SCOTT
 37 Unstable substance: particle
 40 "Toots"
 43 Swimsuit

44 GORDON

- 32 How upset is object?
 34 Film: material
 35 "Cloning" label?
 36 "You know" about
 37 JOHN
 38 Car: modified
 39 Plans: below
 41 Ends with "of"
 42 PC: map
 43 Where Magic Johnson played college ball: for
 47 Org. with Shrek and
 48 "Toots"
 49 Not: they are for

JANRIC CLASSIC SUDOKU

Level: Silver

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).



Solution to the crossword puzzle will be found in the Sudoku code found on Page 23

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#SASKATCHEWAN FOOD TRENDS

European-style deli sandwiches in Saskatchewan

By Jenn Sharp

The sandwiches at Italian Star Deli are legendary.

Ask anyone in Regina where to get the best sandwich in the city and they'll likely point you to the little house-turned Italian market on Victoria.

An Italian couple, Frank and Gina Gambiata, bought what was then a confectionery in 1966 and began importing their favourite products from back home. The deli carries home to the largest selection of imported Italian goods anywhere in the city (and likely in the province.) Then the best of and, to pasta, pizza, meat and chicken, it's all here. There's also a healthy selection of ethnic products from Europe and South Africa, along with a strong representation of Saskatchewan-made products. The couple's son Carlo and his daughter Marissa are carrying on the family tradition.

It's a bustling place. Even after the noon hour rush, there's often a lineup stretching throughout the store for one of those famous sandwiches. Carlo laughs often and asks customers about their day. It feels like stepping in to an old friend's place rather than a business.

The grocery shopping aisle, this place really does make a Saskatoon

difference. There are three options — meat, chicken or turkey. All come with a selection of deli meats: provolone, brie, pesto, homemade oil and vinegar and roasted. The meatiest best sandwich has sliced ham, peppers and the spicy kick the peppers along with Marissa Gamba's "spicy spray."

I picked up a (large) spicy sandwich the other day and took it over to nearby Victoria Park as there's no seating inside the deli. I planned on eating half and saving the rest for later use. It was so delicious that I ate it right out the window. While the finely sliced deli meat and provolone was excellent and that spicy spread had plenty of kick, it was the soft and chewy artisanal focaccia bread that kept me going back for more. Gamba



Italian Star Deli's menu reflects what's in stock. SANDWICH PHOTO BY MICHELLE REED

ten, how I love you.

And at 16, you'd be hard pressed to find a cheaper lunch anywhere else.

Up until last month, nothing in Saskatoon quite compared to the Italian Star Deli. Enter the newly opened Riverside Deli on the corner of 14th Street and 26th St. "We owned by the two Darwins (Kelle and Taylor), they decided was to bring five meats, chicken and a European-style deli to the Birdge City."

The two met while at RAST's culinary school in Saskatoon. Kelle moved to Calgary after school to work in a fine dining restaurant. Taylor left as well, and worked at an Italian deli and restaurant in Calgary before moving back to Saskatoon. They're both home now, married and bring-

ing their dream to fruition.

Products from Italy, Greece, Portugal, London and Missouri are available on the market side.

"All the ingredients we love to work with and that we know a lot about, we bring it. It's like Christmas here every day," says executive chef Darby Kelle.

General manager Darby Taylor is a genius at bringing in product he knows Kelle will love. Everything from pasta to arachnids, olive oil and my personal favourite, balsamic vinegar. It's good enough to drink, trust me, like the master's slaves.

Need advice on what product to use? Just ask the chef. "You can always find a deli to better who will make you through the decision."



The spicy deli sandwich with provolone cheese from Italian Star Deli is a sensation on cheap and delicious focaccia bread. At 27¢ it's undoubtedly the best quality lunch at that price in Regina. SANDWICH PHOTO BY JENN SHARP

SHARP EATS

Need advice on what product to use? Just ask the chef! You can always find a Chef in a house who will coach you through the decision.

These sandwiches (\$10) may just rival those at Italian Star. Rich's makes the bread from scratch every morning, 90 loaves per day, available from 11 a.m. to 3 p.m. The sandwiches are often sold out before 11. The chalkboard sandwich menu changes daily. There's always five options and features the chef's meats and cheeses, along with a vegetable offering. A pickled product, from Rich's. Otherwise, grandmother's recipe, is served on the side.

Bread loaves, \$2, are also for sale. Any bread leftover at the end of the day gets dropped off at businesses in the area.

"We're going for quality, not quantity. We don't want to throw anything out here. That's why we don't want to over-produce a lot of our product," says Rich.

For now, Rich is making chicken caesar, white bread. White people have asked for gluten free, he won't be offering it. His workplace is limited and he doesn't want to risk any cross-contamination.

A production kitchen, complete with a starlet stand up under a tv in the works, along with a poster and door. Rich is just waiting for his car to be built. He's even waiting for his car to be built. He's even waiting for his car to be built. He's even waiting for his car to be built.

"We love pork. There's a lot of pork in this area. Any fresh problem, I can get back, I'm getting back."

Have you tried a sandwich from Italian Star at Riverside Deli? Tell me what you thought about it!

Photo by [unreadable]
Photo by [unreadable]



The Motherload sandwich at Riverside Deli is a pork tenderloin with three meats and peppers. Chef at Riverside Deli Photo by [unreadable] LE 10/10

SASKATOON FOODIE EVENT

ENTREPRENEUR MARKET

Saturday, May 31, 10 a.m. - 12 p.m.
1010 Dundas St. W. (at 10th Ave.)
About 10 minutes from the
Festival

Foodies, \$10, \$20, and \$30 for
1010 Dundas St. W. (at 10th Ave.)

They're finally squared, home cooked and prepared by chef of
Juni Williams, chef, the co-
operative food was prepared
by chef of Juni Williams, chef of
the Open Food Society of Saskatoon,
University of Saskatchewan,
and the University of Saskatchewan,
and the University of Saskatchewan,
and the University of Saskatchewan,
and the University of Saskatchewan,

THE GREAT THEATRE

Official of Singapore

HOUS PAVILION

June 27 - July 6, 2014

Ramai Arts Centre

Showtime 8 p.m.

Persephone Theatre

Box Office

306-384-7727

www.persephonetheatre.com/july14

Producer

Peter England

Executive Producer

Robert McLeod

Music Director

Michael Borden

Persephone Theatre

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Your pet, Chip

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Website: www.cbc.ca

E-mail: news@5news.com

Nuts About Nature

At Beaver Creek Conservation Area

It's ideal! My name's Chip, and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time beauty from the city. Borrow a family Nature Activity book! and have a trail - nature awaits!

Guess what, kids? You can send your questions to me at the address below

Dear Chip,

When do gophers have their babies?

Jan

Dear Jan,

There's nothing cuter than a baby animal! Personally I think beaver babies are the best, but gopher babies are a close second! Richardson's Ground Squirrels, commonly called gophers, mate in late March or early April after coming out of hibernation. They have a gestation period of about 27 days. Gestation is the length of time that a mother carries the babies inside her body before they are born. Baby ground squirrels arrive in late April or early May, and are born blind and hairless. The first 4 to 5 weeks of their lives are spent underground in their mother's burrow. By the time they emerge in June, the babies are fully formed and are little miniatures of their parents. At this stage the babies are ready for fun in the sun! They appear at their burrow entrances to play and bask in the warm summer sunshine. At the beginning of September, the ground squirrel babies have reached their full size and are independent.

Send your questions to me at the addresses below then watch Bridges for the answer

"Chip"

1010 Dundas St. W. (at 10th Ave.)
Saskatoon, SK S7N 1G1
Phone: 204-944-1111
Website: www.cbc.ca

Meewasin

EVENTS

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

MUSIC

Wed., May 28

The Rockies
Tulsa on Broadway,
817 Broadway Ave.

Jordan Kleven
Capital Music Club,
344 First Ave. N.

Thurs., May 29

The Chickadees
Chickadee Restaurant &
Lounge,
1-227 Peachtree Dr.

Big Bang Baby
Buds on Broadway,
817 Broadway Ave.

Jazz Jam The Kim Salkeld
The Basement,
203 Fourth Ave. N.

Pat & Rick Frost to Cheryl
Huske and The Staff
Amigos Cantina,
632 10th St. E.

Fri., May 30

Somerset
Buds on Broadway,
817 Broadway Ave.

Phonix Prisoner Kim Salkeld
Deeds Series Book of the
Bus and The Bookends
The Basement,
203 Fourth Ave. N.

4-Front
Army & Navy Club,
309 First Ave. N.

Two Tall Dudes
McNelly Robinson,
3310 14th St. E.

League of Nations
Take Town Tavern,
1830 Fairlight Dr.

Powder Blue w/ Devan
Gardes and Latcha from
Vancouver's Team,
801 Broadway Ave.

Gentle River
Amigos Cantina,
632 10th St. E.



The DJ duo Pat & Rick Frost will be at Amigos on Thursday nights from 8 p.m. to midnight.

Red Blace
Stora's Place
106-110 10th St. E.

Jett Run
Pizzazz Pub & Grill,
1433 14th St. E.

Sat., May 31

Somerset
Buds on Broadway,
817 Broadway Ave.

The Marie Redford and Boss
Lover Seed
The Basement,
203 Fourth Ave. N.

4-Front
Army & Navy Club,
309 First Ave. N.

Lean Dots
Nelson's Tapbar,
3021 Louisa St.

Drift's Rhythm Kings
Downtown Lofton,
604 Spadina Cres. W.

Marc Holt Trio
McNelly Robinson,
3330 14th St. E.

MazzFest: Skunk-Lord, Full City
Full, Party Cat, Candace
Pride, Liveakbert, Skymet,
Kingsland, Hopeless Youth,
Honor Creek, Subwings,
The Red Thread, Thee
Sky, Off Arkutude Design,
Of Concepts and Kings, Low

Lawe, Lucid Sikes, Kicks,
Banshees the Nervewrecking,
Therapy's role, Cruise &
Dorothy, When the Heart is
Ordinary Events Centre,
341 Second Ave. S.

Phelix Phelix w/ Toronto
and **Sadie Lohre T-Tee**
Verge in Tavern,
801 Broadway Ave.
The Fans
Amigos Cantina,
632 10th St. E.

Red Blace
Stora's Place,
106-110 10th St. E.

Jett Run
Pizzazz Pub & Grill,
1433 14th St. E.

Sun., June 1

Lava Gulls
Nelson's Tapbar,
3021 Louisa St.

Mon., June 2

Caves w/ Phoenix, Phelix
Redford and live in for
Vergil Tavern,
801 Broadway Ave.

Tues., June 3

Whiskey Songs
Amigos Cantina,
632 10th St. E.

ART

Mandel Art Gallery
Until June 19 at 950 Spadina
Cres. E. David Thauberger
Road Trips and Other Divisions
and the WSC Artists by
Artists Memorial Program.

Mary Longman and Joel T.
Arend: Through Thick Which
is Sober. Behind Art, art by
250 students in Saskatoon
schools, runs until June 8.

Registration continues for
Summer Art Camp for ages
six to 12. Camps are offered
July 7 to August 22. Call time
at 306-975-8457 or email
tronsheild@mendel.ca to
register.

The Gallery/Art Placement
Until May 28 at 238 Third
Ave. S. Recent works by
Douglas Graham, Northern
centric abstract construction
theatrical sculptures.

SC&P Gallery
Until June 20 at 203 Third
Ave. S. INC CYCLE 2.0 Ac-
knowledging the Victims by
Ble Peck. Reception May
28, 7 p.m. to 9 p.m.

**Station Arts Centre, North-
town**
Until May 31 at 791 Railway
Ave. Southeast. Ray Kaprielian's

Ancestral Ground. Mennemete
Women and Mennemete Men
Exhibiting runs June 4-28. Art-
work by Ben Piresen and Gail
Swadlow.

Trile Gallery
Until May 30 at Market Mall.
An exhibition of student
works from Walter Murray
High School. Photographs
by Alex Semenov and Jan
Semenov and paintings by
Kathryn Green and Lacey
Reynolds.

A Twily Gallery
Until May 31 at 813 Broadway
Ave. Whose River Mouths
Works from Aboriginal and
Metis communities in Sas-
katchewan.

Horseshoe House
Shoreline

Until May 31 at 710 Broad-
way Ave. Trophy Reports by
poster, Jeffrey Taylor. Art
to blend runs June 2 to Aug.
2 featuring new works by
Saskatoon fibre artist Monika
Worren-Walton.

**The Gallery at Frances Merri-
son Central Library**
Until June 6 at Frances Merri-
son Library. Canadian Palette
by Jay Mendel.

Parad Arts
Until June 6 at 424 26th St.
W. Screen Media by Kenley
Hoffman. A multimedia solu-
tion to build to young feminist
Media. Useful Arts. Inaugura-
tion by Tom Lohr. Arts
June 6. A dialogue between
two computer-generated
animation/videos that were
created across a span of four
years.

33G
Until June 7 at 330 Ave. G. S.
Experiments by Martin Benoit
and Marie-Claude Bouchard.

Deffenbacher Centre of Centre
Until June 6 at 101 Deffen-
bacher Pl. A Queen and Her
Country. This exhibit exam-
ines monarchs the Diamond
Jubilee of Her Majesty Queen
Elizabeth II from a uniquely
Canadian perspective.

EVENTS

Art Trek 2014

June 12, 3 p.m. to 10 p.m. and June 14, 10 a.m. to 6 p.m., at the Saskatoon Art Centre. A self-guided studio discovery tour featuring nine studio groups in Saskatoon, Kamloops, Kelowna, and Vancouver to talk to the artists. For a map visit www.fairbankscourts.com/ArtTrekSaskatoon.

Danish Ball Gallery

Until June 16 at 625-10-21 at St. E. Cheryl Buckmaster. Danish, Jewish and other Culminations

Musée Desmaisons Muséum

Until June 19 at 222 Ave. M.S. Piquette (Kastar egg) paintings by Ann Baran.

Ukrainian Museum of Canada

Until June 21 at 910 Spadina Circle. Moved by the Spirit. Artistic interpretation on the life of Jas. A multimedia exhibit and soundtrack by Tony Androska featuring the works of 12 artists.

Hart House and Holbert House

Until June 24 at 404 Main St. in Humboldt. A Local Perspective, paintings and sculpture by Tony Androska and Sandy Christensen. Kuvatski, photography by Greg Sisketh, runs until June 25.

The Blue House

Until June 26 in The Two Twenty. Local Furniture Design, the first show. The new design gallery celebrates local furniture makers.

Riverview Studio & Art Gallery

Until June 28 at 1206 Spadina Ave. W. Spring into Spring by Cecilia Elizabeth.

AAA Gallery

Until July 4 at 424-0218. No. 11 (sleigh), 12 (sleigh), 13 (sleigh), 14 (sleigh), 15 (sleigh), 16 (sleigh), 17 (sleigh), 18 (sleigh), 19 (sleigh), 20 (sleigh), 21 (sleigh), 22 (sleigh), 23 (sleigh), 24 (sleigh), 25 (sleigh), 26 (sleigh), 27 (sleigh), 28 (sleigh), 29 (sleigh), 30 (sleigh), 31 (sleigh), 32 (sleigh), 33 (sleigh), 34 (sleigh), 35 (sleigh), 36 (sleigh), 37 (sleigh), 38 (sleigh), 39 (sleigh), 40 (sleigh), 41 (sleigh), 42 (sleigh), 43 (sleigh), 44 (sleigh), 45 (sleigh), 46 (sleigh), 47 (sleigh), 48 (sleigh), 49 (sleigh), 50 (sleigh), 51 (sleigh), 52 (sleigh), 53 (sleigh), 54 (sleigh), 55 (sleigh), 56 (sleigh), 57 (sleigh), 58 (sleigh), 59 (sleigh), 60 (sleigh), 61 (sleigh), 62 (sleigh), 63 (sleigh), 64 (sleigh), 65 (sleigh), 66 (sleigh), 67 (sleigh), 68 (sleigh), 69 (sleigh), 70 (sleigh), 71 (sleigh), 72 (sleigh), 73 (sleigh), 74 (sleigh), 75 (sleigh), 76 (sleigh), 77 (sleigh), 78 (sleigh), 79 (sleigh), 80 (sleigh), 81 (sleigh), 82 (sleigh), 83 (sleigh), 84 (sleigh), 85 (sleigh), 86 (sleigh), 87 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St. Thomas More Gallery

Until July 25 at 1437 College Dr. Danish, Celtic, Irish and Newfoundland photography by Sherry Corbett.



Sunday, July 11, Cheryl Buckmaster is on display at the Danish Ball Gallery.

FAMILY

Parent and Tot Yoga

Weekendays at The Farmers' Market at 3 to 4 p.m. led by Glenn Stempel and her son, Ben. Parents with children ages 10 months to three-and-a-half years old. Admission is free with a suggested donation to the St. John's Hospice. Bring a mat and snacks.

Wine and Baby

Wednesday until June 4, 10 a.m. to 1:30 a.m., at Leppin's Centre in Wilmeton, Laramie, share and connect with other moms and babies. In your community learn from local experts about a variety of topics for moms in town. Visit mommyconnections.ca/wineandbaby.

Singing with Sylvia Music Classes

Wednesday until June 4, 10 a.m. to 12:45 a.m., at John David School. Join Sylvia Music classes for kids ages three to five with music, art, drama, puppets and instruments. To register call 426-493-3333.

Atene and Stravinsky

Wednesday, 7 p.m., at Centre Champlain. The Centre. Choice of two movies each week. A baby-friendly environment with lowered volume, dimmed lighting, a changing table.

And stroller parking select theatres

Newborn Knowledge Breast-Feeding Class

May 28, 6:30 p.m. to 7:30 p.m., at Pregnancy and Parenting Health Centre, 244 Third Ave. S. To sign up for lactation education and mothers, Martha Newland and Fred Breyer learn how to get off to a good start breastfeeding in the first few weeks. Partners and other support people are encouraged to attend.

Fun-Factorial Indian Playgroup

Daily at 10:30 a.m. to 11:30 a.m., at 10300 Quebec Ave. A play group designed for young children, adults and children under one year old. This is a playgroup focused in areas for children under two.

Children's Play Centre

Daily at Lawson Heights Mall. A fun, safe, environment for preschool children to play. Please note that this is an unsupervised play area, and adults must stay with and supervise children at all times.

Market Mall Children's Play Centre

Delivered off the food court at Market Mall. This play area is free and has different level slides. Children must wear socks in the play area.

Movies for Moments

Thursday, 1 p.m., at Mulberry Cinema in The Centre. An infant-friendly environment with lowered sound, change tables, bottle warming and stroller parking.

Canadian Light Source (CLS) Public Tours

Thursday, 1:00 p.m., at the Canadian Light Source, at Innovation Hub. The synchrotron research facility is open for the public. Registration required. Call 306-527-5644, email canlight@cls.ca or visit lightsource.ca/en/education/public_tourism.

Breastfeeding Clinic

Thursday, 10 a.m. to 11:30 a.m., at Westhills Primary Health Centre, 2311 Fairview Dr. A drop-in support group for breastfeeding women. Sessions will be held weekly. A lactation consultant, with a brief educational presentation, and time for interaction with the other mothers.

Recipes for Success: Family Cooking Class

Thursday, 4:30 a.m. to 6:30 p.m., at Saskatoon, 10 p.m. to 3 p.m., through May at the Saskatoon Food Bank and Learning Centre, 702 Ave. S. A free, family cooking class where families cook together to prepare nutritious meals.

Call 306-374-7733, email info@foodbank.ca.

Things to know before you go

Shop in Store

Friday, 9:30 a.m. to 10:30 a.m., meet in front of Customer Services at the West End Library. Classes consist of power-walking, body sculpting moves using exercise tubing and a stretching for parents and babies. Presentation at 10:30 a.m. and 11:30 a.m. No classes on staff holidays.

Coffee Time for Moms

Friday, 10 a.m. to 12:30 p.m., at Bibb's Bobb's Box, 11750 Central Ave. Moms enjoy a free cup of coffee while children play in the playroom.

Kelly Talk at 1014

Friday, 10:30 a.m., at Alice Turner Library, Monday, 10:30 a.m., at Centria Mall Branch and 15 West Branch and Tuesday, 10:30 a.m., at 1014 West 10th. Half-hour singing and rhymes, then mingle with other parents.

Crash and Burn Time

Saturdays, 11 a.m., at Indigo Books, 1322 Elgin St. E. In the last section, Call 306-344-5373.

Recipes for Success: Family Cooking Class

Saturday, 1 a.m. to 3 p.m., and Thursday, 4:30 a.m. to 6:30 p.m., through May at the Saskatoon Food Bank and Learning Centre, 702 Ave. S. A free, family cooking class where families cook together to prepare nutritious meals. Call 306-374-7733, email info@foodbank.ca.

Parents' Consistent event

May 21, 6:30 a.m. to 8 a.m., and half price June 1, 10 a.m. to 12 p.m., at Mark Rupp Saskatoon Centre, 299 Princess Dr. Strangers, moms, kids, sports, outdoor play centre, baby gear, bedtime stories and anything else children's. To contact visit saskatoonwest.ca/parents-consistent.

Pottery with Children Festival

June 1-4 at Kiewit Memorial Park. Celebrate the arts with entertainment from around the world. Music, theatre,

dance, puppetry and hands-on activities for children of all ages. Featuring All the Horses are off! Mayan, an interactive electronic museum made from altered toys that visit potterhousechildrensfestival.com.

Prenatal Yoga

EVENTS

Program

Tuesdays, 9:30 a.m. to 10:30 a.m., at Grace Westminster United Church. Hosted by Paula Hebert Learning Community, a group of families inspired by Waldorf approaches. Programming is aimed at children ages two to five, but all ages are welcome.

Preschool Story Time

Tuesdays, 10:30 a.m. to 11 a.m., at Marilyn Robinson, 3300 Clifton St. E. For children ages three to five in the Circle of Trees call 306-955-1677.

Dancing for Birth

Tuesdays and June 3, 6 p.m. to 7:30 p.m., at Pregnancy and Parenting Health Centre, 246 Third Ave. S. A six-week course. Dance classes to put an expecting mother more at ease with her body and mentally and physically ready to embrace the birth experience to register visit birthwhythms.ca.

Nativity Nours

Tuesdays and June 17, 3:30 p.m. to 5:30 p.m., at Presbyterian and Farmington Health Centre, 246 Third Ave. S. A comprehensive children's education series preparing parents for the birth of a child. To register visit birthwhythms.ca.

Read & Play

The first Tuesday at 10:30 a.m. and Wednesday at 10:30 a.m., each month, at West Point Nursery, 5-210 18th St. E. Suitable for ages two to four. Each month features a different story followed by a related painting project.

Mom-and-Baby Outdoor Stroller Fitness Classes

Tuesdays and Thursdays, June 2 and 10, 10:30 a.m., along the McCreesh Trail. Meet new friends and get a whole body workout. To register and for starting location call 306-370-2834 or email: Susan.schmidt@nrcan.gc.ca. More information on Facebook.

Can-Am Dyslexias Camps

Until June 27 and July 7 to Aug. 29 at 3752 Midway Lane. Various schedules for



The Birds of Canada: Cedar Point Park Rangers. Sunday 9 a.m. at Lakeside Park in Saskatoon. RAINCHECK: PHOTO BY ANDREW L. BIRCH

ages two to six. Visit canam-dyslexias.ca.

BRICKS & KIDZ Saskatoon Regular after-school program for students, preschool classes and camps for kids of all ages at various locations in Saskatoon. An atmosphere for students to build creative, play games, and have fun using LEGO® bricks. Visit bricksandskids.com or call 306-979-2769.

Saskatoon Public Library Programs

Opening daily programs for children and families. Find the calendar at saskatoonlibrary.ca/events/2014

SPECIAL EVENTS

Speech Reading and Interpretation for the Hard of Hearing

May 28, 1:30 p.m. to 3:30 p.m., at Saskatchewan Deaf and Hard of Hearing Society, 3-811 First Ave. N. Hosted by the Hard of Hearing Association. For information call 306-369-0357.

WYCK Saskatoon 2014 Women of Distinction Awards

May 29, 5:30 p.m., at TCU Place. Presenting Professional Corp. Celebrates a group of inspiring individuals whose passion, commitment and accomplishments have enriched our community. Champagne reception, a silent auction, dinner and a program. Tickets at tickets.com.

FreeGuitars on the Square Music: The Legacy of Bach and Teleman

May 29, 7:30 p.m., at Convention Hall in the U of T. Peter MacKinnon Building. Presentations on Baroque music, from 1650 to 1750, by Zachary Cantor. Matthew Chase and Walter Kozlovic. With introduction by David LeBlond. A preview of Department of Music papers to be presented at the 10th Biennial International Conference on Baroque Music in Salzburg, Austria.

Third Annual International Saskatchewan Dance and Samba Congress

May 29 to June 1 at TCU Place. Dance performances, work-

shops for all experience levels, and nightly dance parties. The congress will also be a quality competition for the World Latin Dance Cup Competition held annually in Florida. Tickets at 306-652-0700, saskatondancefestivalcongress.com, or at the Saskatchewan Arts Festival box office in the Bessborough Hotel.

Pastion, Purpose and Possibilities: A Workshop for Women

May 30, 9 a.m., at The Wyndham Golf & Country Club. Hosted by Penny Murphy. A day of relaxation, pampering and personal development. Tickets at ptiotic.com.

Street Legal Racing

May 30, 9:30 p.m., at Saskatchewan International Raceway. Street racing in a safe and legal environment. Admission at the gate.

STAR Concert

May 30, 7 p.m., at Broadway Theatre. A concert of North Indian classical instrumental music. Special performance by Dr. Vikas Gupta. Tickets at Me-

NallyRobison, theSask.com/306-371-9430, 306-351-0009, 306-979-4466, 306-223-2627, 306-374-9236 or at the door.

Saskatoon Science Circus

May 31 to June 1 at Parks and Rec. Their 66th anniversary. Visit www.saskscience.com

NatureCity Festival

Until May 31 around Saskatoon. Celebrate nearby nature. Created by individuals and groups dedicated to the enjoyment and appreciation of nature. Keynote speakers Michelle Malarca and Barbara Hunsicker on May 28. Explore, wonder, feast, learn, share, listen and enjoy. With music, demonstrations, face painting and an information fair. Visit wildaboutsaskatoon.org.

Legion Branch 63 Garage Sale

May 31, 9 a.m. to 4 p.m., at 606 Spadina Cres. W.

Spring Into Songwriting

May 31, 1 p.m. to 3:30 p.m., at Studio All Music & Dance Co., 8-1000 10th Ave. S. A beginner and intermediate songwriting workshop. Song writers, like Michael and Sherry, share their knowledge. Tickets at 306-465-4711, studioallmusic.com, ptiotic.com.

The Celtic Orchestra

May 31, 8:30 p.m., at St. John Church. A performance by the Saskatoon Symphony Orchestra. Featuring past conductor Matthew Peulout and conductor and musician Christopher Hill. Classical music meets showbiz comedy. Tickets at theshow.com.

Spring Fling

May 31, 4 p.m. to 11 p.m. Presented by the South Central Park Community Association. Live entertainment, P.E. Play, games, activities, food, drink, and coffee and prizes, and a community art contest. A chance to renew your community involvement.

Second Annual Eat These Words Community Supper

May 31, 5 p.m. to 9:30 p.m., at St. James Episcopal Anglican Church—level, 601

Deform Ave. Part of the Wild About Saskatoon NatureCity Festival. A community fundraising event. Join the Slow Food Saskatoon and Open Cooks Society of Saskatoon. With readings that reflect on urban food systems and by students of the U of S MEd, writing program, local food and refills. Tickets at ptiotic.com.

Saskatoon Yellow Jackets Home Game

May 31, 5 p.m., at Campus Field, 1502 Ave. P. P.E. Playing against the Vernon Canadians. Visit saskatoonyellowjackets.com

Sever's 2014 Gala

May 31, 7 p.m., at Lakeland Church. A semi-formal fundraiser in support of the Bridge Fellowship Centre. An evening of culinary, musical and entertainment. Harp, piano and ensembles, live music, a 50/50 presentation, and live and silent auctions. Tickets at 306-362-3650 ext. 207, accitric.com.

Beats of Courage Colour Festival Fun Run

May 31, 9 a.m. to 12 p.m., at Lakeside Park. A 5km run in support of Beats of Courage. Participants will be able to colour stations at city park. Weather and shelter available. Register at 2014beatsofcourage.com/events/last-lap-of-courage-2014.

Saskatoon Yellow Jackets Home Game

June 1, 5 p.m., at Campus Field, 1502 Ave. P. P.E. Playing against the Vernon Canadians. Visit saskatoonyellowjackets.com

Saskatoon Concert Band Auxiliary

June 1, 7:30 p.m., at Grace-Westminster United Church. Tickets at 306-342-3918. Mally Robinson or at the door.

Tonight It's Poetry

June 1, 7:30 p.m., at the Basement. Short Poets Debut Month featuring 80's Out Loud. Tickets at saskatoonpoetry.ca.

Event listings are often community driven and subject to change without notice. Contact your favourite local media outlet for more information.

OUTSIDE THE LINES

Colouring contest

Each week, Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to andrea@thefirstphase.com. One winner will be chosen each week.



Last week's contest winner is Kaylee Rosewell. Thanks to everyone who submitted entries!

GARDENING

GARDENING IN SASKATCHEWAN

The benefits of mulching your borders

By Sara Williams

A mulched border conserves water and protects your plants and soil. It also reduces maintenance and the need for fertilizers and pesticides.

Let's begin with a definition: mulch is a layer of organic material, three deep, spread over the soil surface between your plants. Various types of mulch, like peat potting, coarse sphagnum peat moss, shredded bark, decorative bark, chipper debris, evergreen needles, and cones, flax straw and shives, and mowed leaves are available.

Mulching enriches nature (think of the millions of decaying leaves that cover a forest floor or the build-up of thatch in a *Pennisetum* grassland) and is an excellent way to recycle materials once destined for landfills or burning.

Here's a list of marketing's benefits:

WATER CONSERVATION

Straw mulch suppresses weeds that compete with your border plants for water. More importantly, it cools the soil and reduces compaction. Straw also reduces wind evaporation. The slightly increased height of a mulched border sold the rougher texture acts as a snow trap. The extra snow insulates the plants over winter and provides added moisture when it melts in the spring.

SOIL IMPROVEMENT AND CONSERVATION

Mulch protects valuable topsoil from erosion. Mulching also prevents crusting and cracking and improves water penetration. As mulch decays over time, it releases nutrients and adds organic matter to the soil. The result is better aeration and improved water and nutrient holding capacity of your soil. And the mulch layer acts as a cushion, preventing soil compaction.

Benefits of mulching your borders



Along with a host of other benefits, a mulched garden is low maintenance and has a unified appearance. Photo courtesy of AAA Nursery.

WEED CONTROL

Weeds compete with flowers and shrubs for light, space, nutrients and water. By excluding light, the mulch layer prevents germination of the many weed seeds waiting in the soil below it. It also acts as a physical barrier preventing the emergence of seed weeds that do germinate. Weed seeds that blow onto the mulched surface find it difficult to root through the mulch.

REDUCES WATER SPLASH

Mulch absorbs water and almost entirely eliminates water and mud splash. This keeps flowers (and fruit such as strawberries), along with leaves staying clean. But more importantly by reducing mud/splash mulch reduces soil borne fungal and bacterial diseases that can be traced from the soil to the flowers, foliage and fruit from irrigation and rain.



Flare sleeves are able to break down and are perfect re-use as mulch. It's also a good use of a waste product. **PHOTO COURTESY SARA WILLIAMS**

ENCOURAGES
LADYBUGS

Once a mulch layer has been in place for a year or two, gardeners will be amazed by the number of beds

bugs that find a home within and under the mesh layer. Capable of eating 25 aphids per day they are truly a gardener's friend!

Milch's coarse texture, especially past pairings, redlines slag popala nose by rasping and dehydrating their tender bodies.

TEMPERATURE MODIFICATION

Mulch insulates the soil below moderating temperature extremes by cooling the soil surface during the hot days of summer, mulch mooring ex healthy root growth and prevents root injury caused by excessively high soil temperatures. In spring and fall, it reduces the freeze-thaw cycles of heavy soils which can cause heaving and root injury to young plants. Mulch keeps the soil cooler in early

DESIGN FUNCTION

Black adds subtle colour and texture to the landscape. It unifies planting beds, especially when the plants are young, small and unevenly spaced within the bed. Black lets the world know that indeed this is a bed and should be walked around rather than through.

This column is provided courtesy of the Saskatchewan Perovskite Society (www.saskperovskite.ca, Aorthen@jysk.ca). Check out our bulletin board or calendar for upcoming hardy culture events in May and June.

WINE WORLD

#SASKATCHEWAN WINE SCENE

Spring fulfils the locavore's search for a wine alternative

By James Romanow

Once upon a time it was a charge of throwing a weekly art gallery party for openings. Then, finally, the choice of what to serve was a desert party or a wine and cheese. I learned the two crowds had little overlap. If wine was on the menu, the desert crowd was disappointed and left early. If desert was the choice, the wine made a valiant effort to stick it out but failed, to drink away.

These days "dry" table wine offers both alcohol and sugar. However, locavores have brought into the alloy carrying the heavier "load" on high. As most of the world lives in latitudes where the climate is either too cold or too hot for wine grapes, locavores have begun seeking alternative beverages to wine.

Wheat, or honey wine, is one such choice. Distasteful, it is a truly sweet beverage. To balance it, many wineries cut the product with fruit juices to add flavour and acidity. Cypress Hills Winery produces a number of honey wines available both at the winery and through the SGA.

Spring is a blend of ripe pear cherries and honey wine, said a recent vintage of a double gold medal in the recent category at the All Canada fine wine championship. It is an intense berry flavoured drink, with a bouquet of cherry and cinnamon. For me, Spring is best as a spritzer



and with cold water but it would go great with any kind of wine, particularly reds and greens. Like it a little warmer than Bridgeport. If you're interested in the Cypress Hills lineup, they have hours and are open now from 10 to 10 p.m. and next to 5 p.m. on weekends.

Cypress Hills Spring, \$18.99. www.cypresshills.com
Many more wines in Monday's paper and on Twitter @jbrose.

Crossword/Sudoku answers

SCHIRRA	GRISOM
ERODING	NOREPLY
VANDOSE	ACETALS
EVEN	SASK
NESTS	THEIDIE
MAC	NOTOR
ALA	CHAPARD
TORIS	SHOAL
SUPERS	TINGE
CON	DEDE
ATTEMPT	ENTENTE
LOASER	WHEREON
MERCURY	SLAYTON

1	2	9	8	3	7	6	4	5
5	7	6	9	1	4	8	2	3
4	3	8	5	2	6	7	1	9
2	6	4	1	9	3	5	7	8
9	8	3	4	7	5	2	6	1
7	1	5	6	8	2	3	9	4
6	9	1	7	5	8	4	3	2
8	4	2	3	6	9	1	5	7
3	5	7	2	4	1	9	8	6

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Watts Bridged



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Stereo Amplifier
400W • 1400W
power handling
4 Layer stock coil



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